

Oct / Nov
2025

390

Tostock Chronicle

www.tostock-pc.gov.uk

Get the latest on news and events, a digital copy of the Chronicle, and a village map, all online

The search is on ...

The search is on for a new editor of the Tostock Chronicle.

I will be stepping down at the end of November, so the next issue will be my last.

Fancy yourself as the next editor - here's what you need to know. The job takes up, at most, one week part-time every 2 months, although this speeds up with each new edition (this one took me 2 days to finalise, and that wasn't full time). It is also only for a 2 year tenure (12 issues). If you enjoyed it, great, sign up for another 2 years.

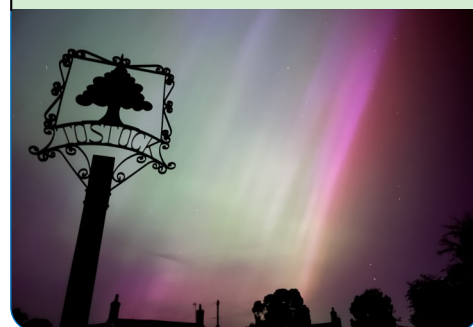
To make life easier I will hand over all the files of my 3 and a half years as editor, so you just have to replace old articles with new ones. About the half the Chronicle has little to no change every issue (ads don't change much). It is written in Microsoft Publisher. If you know Word, you know Publisher pretty much.

We are also (still) looking for a webmaster for the village website. This requires very little knowledge of websites as you use provided online tools to put articles and pictures in.

You could even do both ! Get in touch with me if you are interested.

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Coming Soon

Tostock Fayre – Sunday 19th October 11am - 4pm Village Hall

Tostock Quiz Night — Friday 14th November, 7:30pm, in the Village Hall.

Church Christmas Bazaar - Saturday November 22nd at 12 noon.



Regulars

Past & Present — Every 1st Tuesday of the month from 7.30 pm in the village hall

Coffee Mornings — Every 2nd Tuesday of the month from 10.30 am. In the village hall.

Bingo — Every last Tuesday of the month from 2.00 pm in the village hall

Mobile Library

The mobile library will be in Tostock on **October 31st** and Perkins Way 15:40 - 16:00
November 28th at the following times The Gardeners Arms 16:05 - 16:25

Allotment Plots

There are some vacant allotment plots available to let. Please contact Mrs Sharon Markell Tel 07891 467273 for more information.

Sharon Markell

Advertising

Parish Clerk clerk@tostock-pc.gov.uk

Rates Quarter Page £90 pa
 Half Page £160 pa

Latest Bus Timetable

Timetable effective from: Monday 1st September 2025

	Mon-Fri Term Time ONLY	Mon-Sat	Mon-Sat	Mon-Sat	Mon-Sat	Mon-Sat
Bury St Edmunds, Bus Station (4)	-	08:45	11:15	13:45	16:30	18:15
Bury St Edmunds, Railway Station	-	08:48	11:18	13:48	16:33	18:18
Beyton, The Green, Bus Shelter	-	08:59	11:29	13:59	16:44	18:29 (S)
Tostock, The Gardeners Arms	-	09:04	11:34	14:04	16:49	18:34 (S)
Woolpit, Briar Hill	07:40	09:09	11:39	14:09	16:54	18:39 (S)
Woolpit, Pump	07:41	09:10	11:40	14:10	16:55	18:40 (S)
Woolpit, Garage (opp)	07:42	09:11	11:41	14:11	16:56	18:41 (S)
Elmswell, School Road	07:47	09:16	11:46	14:16	17:01	18:46 (S)
Elmswell, Cooks Road	07:49	09:18	11:48	14:18	17:03	18:48 (S)
Elmswell, Wetherden Road	07:51	09:20	11:50	14:20	17:05	18:50 (S)

Timetable effective from Monday 1st September 2025

	Mon-Sat	Mon-Sat	Mon-Sat	Mon - Fri School Holidays ONLY & Saturdays	Mon-Fri Term Time ONLY	Mon-Fri Term Time ONLY
Stowmarket, High School (Grounds)	-	-	-	-	15:17	-
Stowupland, High School	-	-	-	-	-	15:55
Stowupland, opp Mill Cottages	07:15	-	-	-	-	-
Stowupland, Thorney Green Road	07:17	-	-	-	-	-
Elmswell, Wetherden Road	07:52	10:22	12:52	15:37	15:34 (S)	16:37
Elmswell, Cooks Road	07:54	10:24	12:54	15:39	15:36 (S)	16:39
Elmswell, School Road	07:56	10:26	12:56	15:41	15:38 (S)	16:41
Woolpit, Garage	08:01	10:31	13:01	15:46	-	16:46
Woolpit, Pump	08:02	10:32	13:02	15:47	-	16:47
Woolpit, Briar Hill	08:03	10:33	13:03	15:48	-	16:48
Tostock, opp The Gardeners Arms	08:09	10:39	13:09	15:54	-	16:54
Beyton, The Green (White Horse X Roads)	08:14	10:44	13:14	15:59	-	16:59

Next Edition

Dec 2025 / Jan 2026

Please may I have your contributions on or before **15th NOVEMBER**.

kim.mars84@gmail.com
 07950 682 499

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or email
tostocktvh@hotmail.co.uk
to reserve it for your event

Tostock Past & Present

John Parnum

TOSTOCK PAST & PRESENT SOCIETY 2025

We have 3 talks to take us up to the end of this year.
You do not have to join as a member! Please feel free to
come to those talks which interest you and pay £5 on the
door. Why not try one of these talks in Oct, Nov and
December.....

Oct 7th

Churchgates 

**Top Financial advice
from Churchgates**

**Investments, Tax and
Pensions**

Nov 4th



The real Basil Brown
a talk by Sarah Doig

Dec 2nd Musical end to the year



Enjoyable social evenings EVERYONE WELCOME

7:30pm Tostock Village Hall johnparnum@yahoo.com

Tostock Art Show 2025

Linda Stock

In its 45th year, this extremely popular Art Show once again attracted a high number of visitors, not only from Tostock, but also from surrounding villages and further afield.

A wonderful cross-section of artworks exhibited, alongside a wide selection of cards and unframed pieces that were displayed in the marquee:

- 250 original pictures from oils, mixed media, watercolour, coloured pencil, pastel and acrylics
- Nearly 1,600 greeting cards
- 450 mounted prints
- 82 artists contributed

Friday evening's Preview Evening was extremely well attended and started the sales ball rolling with 27 pictures being sold; this grew to 75 picture sales over the course of the event. The marquee also did a brisk trade with takings of £2k from sold prints and cards. The show always has a vast array of artworks; this year was no different, with positive verbal feedback about the quality and diverse range of works displayed.

During the show, visitors cast their votes for their favourite picture – this year, the prize was awarded to Andrew Harrington for his beautiful pastel and acrylic, 'After the Storm'.

As always, throughout the event, a delicious selection of cakes and refreshments were available for purchase. The cakes and savouries were selling out almost as quickly as they were being put on display:

Just a few of the messages received from some who attended included:



Having attended for many years, not only our home but our offspring's too, have some gorgeous originals on their walls. I must say the hot drinks & chocolate cake were delicious, such a warm welcome from all those involved.

.. the number of good-natured and dedicated volunteers who spend all day cheerfully helping artists and visitors. The marquee manned by lovely ladies to provide delicious homemade fare rounded up my proud, happy feeling of a very English warm summer's day that will stay with me until next year, when it hopefully happens all over again.

Thank you so much again for a wonderful show. Will look forward to next year, you all did a beautiful job!

Many people contributed to making this year's show a success. At the same time, it's unfair to single out individuals; a big thank you is owed to every volunteer who helped before the event, including putting up the marquee and display boards, promoting and signposting the event, providing the toilet, printing the catalogue, during the show in the marquee and church, together with dismantling and moving everything back to the village hall.

Oh, and of course, to all those who baked cakes and savouries alongside those who provided the canapés for the Preview Evening. Also, to the Walkers for their wonderful contribution and display of assorted jams, chutney and sweet delights.

Hopefully, after a period of relaxation and reflection, onward and upward to 2026!

A Big Thank You to Everyone!

'Best In Show'
After the Storm
by Andrew Harrington



Tostock Art Show 2025



Raffle prize winner
Sharon Markell



Organisers **Mike Lord,**
Linda Stock ...



... and **Kath Lord**



Tostock Annual Village Quiz

This year the proceeds from this will be going towards Molly Olly's who make dark days brighter for children and their families with life threatening conditions- in memory of wonderful Evie who along with her family they supported

Come and join us for a fun evening of quizzing, nibbles and drinks

Friday the 14th of November 2025

At Tostock Village Hall

From 730pm for a 8pm start

Tables of 6 - £10 per person this will include cheese, nibbles and wine for you to share together as a table - your quiz team... plus a bar.

If you would like a table for 6 please email Becca on rebeccaruth790@aol.com or WhatsApp/call Lisa on 07305 657370.

Please come and join us for hopefully a fun evening with some memorable moments along the way... including us hosting with technology! See you then.

Wild Women Update

Kate & Lizzie

We thought we would show you some of the activities completed by our 50+ membership since the group started in February.

There was a trip to see Handbagged at the Theatre Royal in April. A terrarium workshop took place in May.

Sixteen of us attempted to paint a pheasant at 'Booze and Brushes' in July. Then a brave group of wild women joined Nutty Mermaids for an early morning wild swim in August.



Most recently, twelve of us ventured to Sutton Hoo for the Red Rose Chain's excellent open-air production of Hamlet. We continue to have get togethers in the village hall every few months. Forthcoming events include a trip to Mama Afrika at The Apex and a Christmas Booze and Brushes, among others in the pipeline!

If you would like to join us contact us: lizziepetrie20@gmail.com or katiemars@yahoo.com





WHAT'S BREWING AT THE GARDENERS ARMS

SUNDAY ROAST

BOOK NOW
01473 354 758

SUNDAY ROAST IS BACK

We're delighted to announce that our much-loved Sunday Roast is back at The Gardeners Arms.

Our Sunday Roasts are pre-booking only, so be sure to reserve your table early and avoid disappointment.

There's nothing quite like a comforting roast to finish the week and we can't wait to welcome you back.

DARTS AT THE GARDENERS ARMS!



We're putting a pub darts team together here at The Gardeners Arms and will be joining a local league soon. That means we're looking for players who are happy to play home and away matches.

Whether you're experienced or just fancy getting involved, pop in for a chat – we'd love to have you on the Team.

THEGRAYPROJECT

THE GRAY PROJECT RETURNS

We're thrilled to announce the return of The Gray Project, the incredible funk and soul collective, to The Gardeners Arms.

Known for their infectious energy, powerhouse vocals, and a setlist packed with funk and rare groove classics, The Gray Project always guarantee an unforgettable night.

Save the date – Saturday 15th November

It's going to be a big one, so round up your friends and join us for an evening of top-class live music, great drinks, and a electric atmosphere.

OUR OPENING TIMES

The Tea Room Opening Times

Wednesday to Saturday - 10am to 3pm

Pub Opening Times

Monday and Tuesday - Closed

Wednesday to Thursday - 12.30 - 8pm

Kitchen open 12.30 - 2pm and 5.30 - 7.30pm

Friday to Saturday 12.30 - 9pm

Kitchen open 12.30 - 2pm and 6pm - 8pm

Sundays 12.30 - 7pm

Kitchen open 12.30 - 3pm

St Andrew's Church Tostock

Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft

Rector Revd **Katherine Valentine** Tel 01359 235095

Email kavalentine677@gmail.com

Website for more details of all our churches - including
Tostock - see the national Church of England
website www.achurchnearyou.com

Our benefice Church magazine is also available online
at www.vcnews.org.uk



MEMORIAL SERVICES SUNDAY 2ND NOVEMBER 2025

All Saints' Day is on the 1st November and this time of year is traditionally the season when we remember and give thanks for the lives of those we have loved who have died. As in previous years we will be holding Memorial and Thanksgiving Services across the benefice. During the services names will be read out and there will be the opportunity to light a candle in memory of each person, whether named or remembered in silence. Refreshments will be served afterwards.

All Memorial Service dates and times are:

St Mary's Pakenham 3pm (Stowlangtoft names will also be read at this service)

St Andrew's Norton 4.30pm (Tostock names will also be read at this service)

All Saints Great Ashfield 5pm (Hunston names will also be read at this service)

We will be sending invitations to the families of those for whom we have conducted funerals during the last two years. **However, all are welcome to come no matter how long ago you were bereaved.** In that case please let us know if you would like us to include your loved one's name/s in the service. Please contact Revd. Katherine Valentine with details (01359 235095).

(NB these memorial services are not to be confused with the Remembrance Service on November 10th when we remember those who died and suffered in war).

The Art Exhibition was a very enjoyable occasion, interesting pictures, lots of people meeting and chatting, seeing old friends and neighbours. The new "Team" of organizers, Linda, Kath & Mike made everything run smoothly. The Exhibition has been running now for forty-five years, so we must thank the latest "brave people" to take on the running of such a popular event. The tea tent was very busy, thanks to all who helped, and those who made the cakes. Thanks also to those who put up the marquees, and installed the display stands.

Now into September, the Harvest Festival is on Sept 28th when we ask for gifts of food for the Bury Refuge. Please bring packets, tins to the Service at 11am. We are always grateful for fruit and veg to use to decorate the Church, these will be left in the Porch for anyone to use.

The October Coffee Morning will be on Tuesday Oct. 14th, at 10:30am at the Village Hall.

Advance notice ! The Church Christmas Bazaar is on Saturday November 22nd at 12 o'clock !

A special Coffee Morning will be held in aid of Macmillan Cancer Support on Friday September 26th at 10:30-12:30 at the Village Hall. For many years this event has been held by Dianne Brewer at her home in Leys Road, last year raising an amazing total of £1,000. Sadly, Dianne died recently, so it was decided to continue with the Macmillan Coffee Morning in her memory. Please come and join in - Cakes, Coffee, Raffle !

Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 10:00 am.
Songs of Praise 20th October & 17th November at 10am

St Andrew's Church Tostock

OCTOBER 5TH 16TH SUNDAY AFTER TRINITY

8am 10am	Holy Communion (BCP) Family@Church HARVEST	Norton Pakenham
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OCTOBER 12TH 17TH SUNDAY AFTER TRINITY

9.30 am 9.30 am 11:00 am	Holy Communion (BCP) Morning Worship Family Communion	Tostock Great Ashfield Pakenham
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OCTOBER 19TH 18TH SUNDAY AFTER TRINITY

9.30 am 9.30 am 11:00 am 3:00 pm 6:00 pm	Holy Communion (BCP) Morning Worship Family Communion Deanery Confirmation with Bishop Graeme Knowles Evening Prayer & Praise	Pakenham Norton Great Ashfield Pakenham Tostock
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OCTOBER 26TH BIBLE SUNDAY

9.30 am 9.30 am 11:00 am 11:00 am	TOAST Holy Communion Family Communion Morning Worship	Great Ashfield Hunston Norton Tostock
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NOVEMBER 2ND ALL SAINTS SUNDAY

8:00 am 10:00 am 3:00 pm 4:30 pm 5:00 pm	Holy Communion (BCP) Family@Church REMEMBERING Memorial Service Memorial Service Memorial Service	Norton Pakenham Pakenham Norton Gt Ashfield
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NOVEMBER 9TH REMEMBRANCE SUNDAY

8.00 am 10:00 am 10.45 am 10.45 am 10.45 am 10.45 am 3:00 pm	Holy Communion (BCP) Act of Remembrance at War Memorial Remembrance Service Remembrance Service Remembrance Service Act of Remembrance Remembrance Service	Pakenham Norton Great Ashfield Norton Tostock Stowlangtoft Pakenham
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NOVEMBER 16TH 2ND SUNDAY BEFORE ADVENT

9.30 am 9.30 am 11:00 am 6:00 pm	Holy Communion (BCP) Morning Worship Family Communion Evening Prayer & Praise	Pakenham Norton Great Ashfield Tostock
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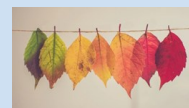
NOVEMBER 23RD CHRIST THE KING

9.30 am 9.30 am 11:00 am 11:00 am	TOAST Holy Communion (BCP) Morning Worship Family Communion	Great Ashfield Hunston Tostock Norton
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NOVEMBER 30TH 1ST SUNDAY OF ADVENT

10:00 am	Benefice Communion	Stowlangtoft
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Tostock Village Hall News



The Committee's next meeting is due to be held on **Tuesday, 16th September 2025**.

Contact us via tostockvillagehall@outlook.com if you have any questions about the village hall and its outside space.

For all booking enquiries, please email tostocktvh@hotmail.co.uk

45th Annual Art Show.

The Village Hall Committee would like to say **a very BIG Thank You** to everyone who supported the **45th Annual Art Show in Tostock**. It was another amazing show and a really great village weekend.

We are so grateful for all of the hard work put into the show by its team of volunteers, in particular **Linda, Mike and Kath** who took over the running of this year's Art Show and to everyone else who helped with the set-up, running and clearing down of the weekend.

The Tostock Village Hall Lottery – 100 Club turns One!

The Lottery 100 Club has just completed its first year of quarterly draws. During this time the club has paid out a **total of £1430** in prizes to its members. The lottery fund is also providing vital funds to help maintain and improve our village hall for the future.



Thank you so much to everyone who has joined.

SIGN UP NOW TO BE IN THE DECEMBER 2025 Draw and help us edge closer to having 100 members in the club!
Entry is just £1 a week (paid as £13 per quarter)

See <https://tostock-pc.gov.uk/100-club/> for information on how to join or **use this QR Code**.



Details of the six cash prizes paid out in the September 2025 draw are available on our Facebook page.

Village Hall Improvement Project – Update

The focus of the improvement project over the Summer months has centred around finalising the cost of the estimates for the full list of work approved by planning. Alongside this, the funding application process continues to progress well and should enable us to be in the position of having a clear idea of available funding by the end of the year. We are also starting to put more work into the possible phased approaches that may be applied to the improvement works which will allow for the best allocation of the funds that we hope to secure.

Our community fundraising efforts has been significantly boosted by the money raised from this year's amazing Art Show (the profits from the Art Show are shared between the Village Hall and the Church). The funds from the Art Show, the Summer Fete and the Tostock Village Hall Lottery – 100 Club will mean that we will have raised well above the £2000 annual target which we set ourselves.

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Tostock Village Pet Service

Sue Marriott

On 24th August we held our annual Pet Service, led by Martin Davies, Martin spoke about the importance of animals in our lives and how loyal animals are towards us, he also mentioned the bravery of animals during war time.

During the service all the dogs were blessed and given a small treat for their good behaviour; the whole service was enjoyed by both the dogs and their humans.

Thank you all for attending and bringing your humans with you.





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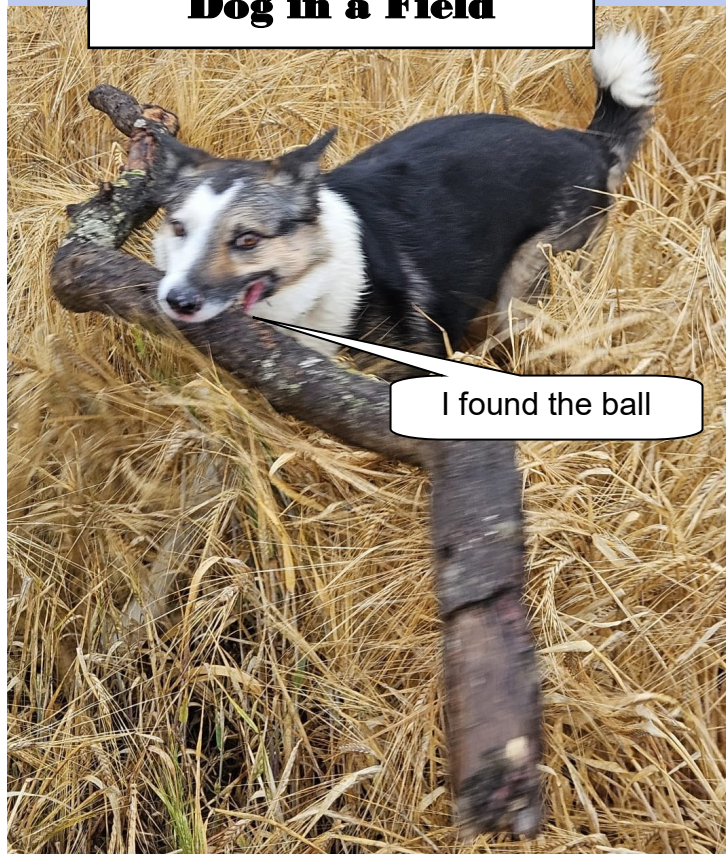
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rmckenziealterations@gmail.com

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TOSTOCK TENNIS CLUB WELCOMES NEW MEMBERS

COMMITTEE 2024-25

CHAIRMAN- FREDDIE WALTON

TREASURER/MEMBERSHIP - ELIZABETH DUNN

SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS -

JOHN AND LIZ ADAMS AND NIGEL KAINES

MEMBERSHIP FEES 2024-25

FAMILY MEMBERSHIP	£40
COUPLES MEMBERSHIP	£25
ADULT (SINGLE) MEMBERSHIP	£15
CHILDRENS MEMBERSHIP (U16S)	£5
GUEST COURT FEES — ADULTS £2, CHILDREN £1	

WE WOULD LIKE FEES TO BE PAID BY BANK TRANSFER PLEASE
BANK DETAILS - ACCOUNT: 01082391 AND SORT CODE: 30-91-49
PLEASE STATE YOUR NAME AS REFERENCE

IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE
CLUB OR WOULD LIKE TO CONTACT US, CALL OR EMAIL -

ELIZABETH DUNN (07778 216 753) - EJD1@TALKTALK.NET
OR

SUSIE WALTON (07793 406 076) - SUSIEWALTON85@GMAIL.COM

Meeting 12th August.

All Parish Councillors were present at the meeting as were three members of the public and the Clerk. MSDC Councillors attended to answer questions on his report. All reports from both MSDC and SCC councillors are put on the village website in the Parish Council section.

A detailed report by the Tree Officers was warmly welcomed by the Council. Trees which might need preservation orders were identified as well as some requiring remedial attention and others which were deemed to be rare or of special interest. Part of the village (Church Road area) is still to be examined so the overall position will be considered at the November meeting. The aim will then be to determine action, including the creation of a possible working party and a potential budget.

A resident had written to the Clerk about the problem of HGV traffic using Tostock as a short cut when there were roadworks or other hold-ups on the A14.

It was with sadness that the Council had learned that Kim Mars was to step down as Editor of the Chronicle at the end of November 2025. The December/January edition will be his last. Kim has brought colour, variety and interest to the Chronicle and the Parish Council thanked him for all his hard work and enthusiasm. The vacant post will be advertised on the Village notice boards and Facebook but Kat Bauly and Jane Storey will take over from Kim when he steps down, if a new editor hasn't be found by then. Kat works at Ticehurst Gravels and Jane is Parish Chairman. If anyone else is interested, please contact Jane or the Parish Clerk.

Another vacant post – which has already been advertised – is that of Webmaster for the Tostock Village website. The Parish Clerk maintains the section relating to all Parish Council matters but it needs a person who can liaise with all the clubs and groups that we have in the village and make sure that the calendar, events and news sections are kept up to date. This will also be advertised again.

There were no outstanding planning matters.

Other matters discussed included an invitation from MSDC to produce a Community Emergency Plan and the various works in and around the village being undertaken by CityFibre.

This report is only a brief write-up of the meeting. Draft minutes are on the Parish website –

www.tostock-pc.gov.uk.

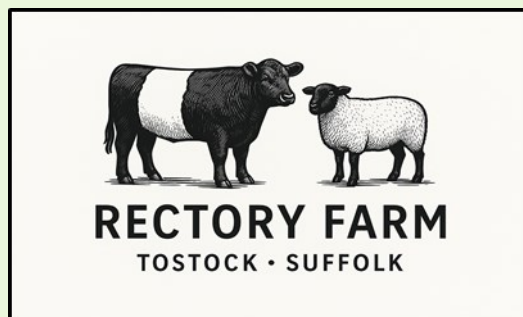
The next Ordinary Meeting of the Council would be held on Tuesday 11th November at 7.30pm in Tostock Village Hall.

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All creatures grand and small. They say that small is beautiful, it is in my eyes anyway, so for this edition I am bringing you some of my smallest insects and creatures. Some are so small blink and you can miss them or you literally need to get down on your hands and knees to see things. You have to take my word for it, because that is exactly what I had to do to get this first photo of a Grayling butterfly. It was so well camouflaged, I was just inches away and I couldn't still see the butterfly until my friend pointed it out with a blade of grass almost touching it, then I got the shot.



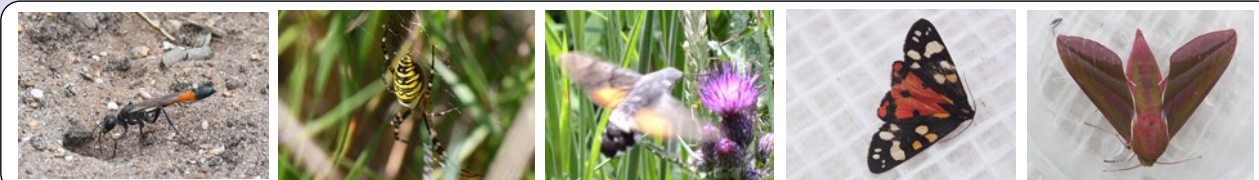
Here is a much clearer shot I managed to get afterwards. The life cycle of the ultimate British Moth the (Emperor Moth). I've been fortunate enough to photograph all 4 stages because of a good friend of mine who invited me. We start with the lava caterpillar which then goes into a pupa around about June, then turns into the moth. The female then allows the male to mate then afterwards she will go along and lay her eggs.



Here are the 4 stages after about 20 days the eggs will turn into caterpillars and the cycle will start all over again for another year. This 5th picture is of the striking male. These days you can get insects and creatures that can look pretty awful, such as this next photo of a caterpillar of the puss moth or you can get it visa versa, things that can be awfully pretty such as this dragonfly and damselfly and beautiful demoiselle.



The last 4 shots are of John, Paul, George and Ringo the Beetles, but before them we will take a look at creatures that mimic each other - a Sandwasp which thinks it's an Ant, a spider that thinks it's a Wasp called (wasp spider). A hummingbird hawk moth, a garden tiger moth and an elephant hawk moth. All these creatures can be spotted along our country lanes, parks and hedge rows, even our own gardens. I have let the photos do the talking. All creatures great and small.

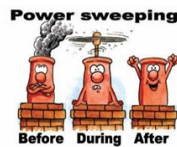


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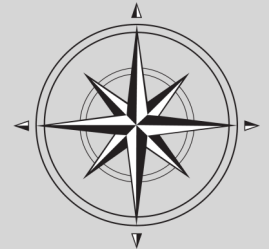
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Roger Cross (VH)	roger.cross64@icloud.com
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Paul Callow	paul_callow@hotmail.com
Julian Kearsley (Finance)	juliankearsley@btinternet.com
Glenn Lebbon	glenn@oakparkproperties.co.uk
Andy Sharkey	andyshark123@yahoo.co.uk
Susan Smith	s.suesmiths@outlook.com

Village Officers

Parish Clerk	Doug Reed	clerk@tostock-pc.gov.uk
Tree Officers	Becky Smith	07813 273474
	Ben Smith	07989 330649
Footpath Officer	Andy Sharkey	andyshark123@yahoo.co.uk
Litter Picker	Oliver Holland	
Defibrillator	Daisie	07449 796030
	Caren	07971 204661

Poor's Estate

Sharon Markell	01359 271190
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St Andrews Church

Rector	
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Church Wardens	
Jeanne O'Reilly	01359 270337
Barney Harrison	barneybees@hotmail.com
Bell Ringers	Sue Marriott 01359 270143

Village Hall

Chair	
Graham MacDowell	crispincottage@hotmail.com
Hall Bookings	
Doreen Buckle	tostocktvh@hotmail.co.uk 01359 270605

Clubs

Bingo	Diane Brewer	01359 271127
Book Club	Julie Harrison	01359 270247
Brownies	Krystie	07975 556448
Carpet Bowls	Doreen Buckle	01359 270605
Cribbage	Jim Debenham	07932 619106
Crochet	Sarah Reader	reader-family@tiscali.co.uk
Past & Present	John Parnum	johnparnum@yahoo.com
Rainbows	Krystie	07975 556448
Tennis Club		
Elizabeth Dunn	ejd1@talktalk.net	01359 270270
Susie Walton	susiewalton85@gmail.com	07793 406076

Village Map

<https://tostock-pc.gov.uk/our-village/tostock-village-map/>

TostockPC Website

Vacant

More details and the latest up to date information can be found on our village website.

www.tostock-pc.gov.uk

Community Services

Emergency Police/Fire/Ambulance 999

Utilities

Energy power failures & Emergencies	08007 838 866
Anglian water	08457 145 145

Health

Woolpit Health Centre	01359 240 298
Out of Hours	111
West Suffolk Hospital	01284 713 000
BMI Hospital	01284 701 371
St Nicholas Hospice	01284 766 133

Advice

Relate	01284 767 305
Samaritans (free call)	116 123
Drugs Hotline	0800 253 253
Citizens Advice Bureau	01284 753 675

Police

Non-emergency	101
Crime Stoppers	555

Councils

Suffolk County Council	03456 066 067
Mid Suffolk District Council	0300 1234 000

Education

Thurston Community College	01359230 885
Norton Pre-school	01359 232 736
Norton Primary School	01359 230 520

Pub

The Gardeners Arms	
Martin & Claire Page	01473 354 758

Leisure

Cineworld	0330 3334 444
Theatre Royal	01284 769 505
Apex	01284 758 000
Picture House	01284 754 477
Everyman Cinema	01233 555 642

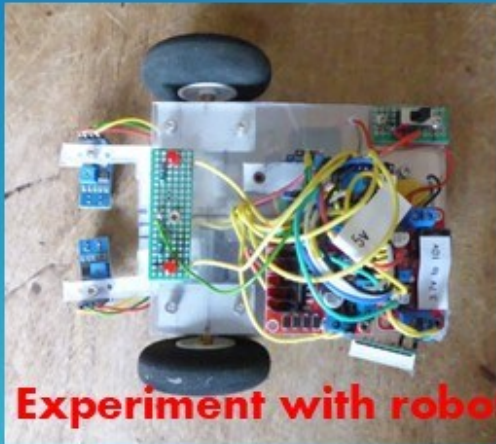
Travel

Bus Timetable	www.suffolkonboard.com
Rail	0845 7484 950
Dial a Ride	01440 712 048

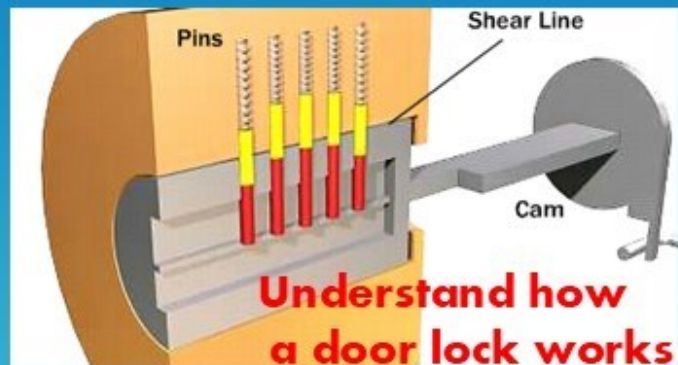
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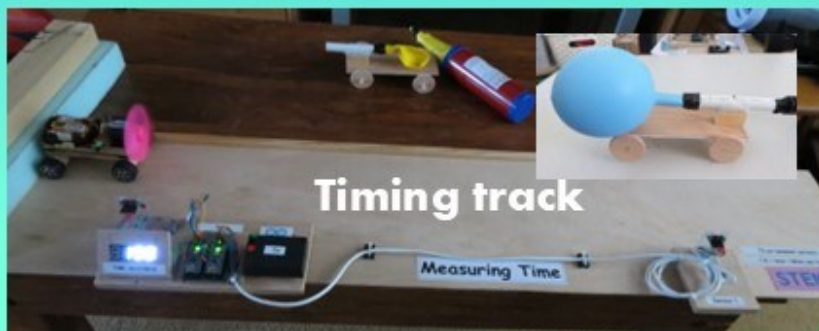
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