Dec / Jan 2025

OSTOCK
Chronicle www.tostock-pc.gov.uk

391

Get the latest on news and events, a digital copy of the Chronicle, and a village map, all online

A fond farewell ...

After three and a half years I am now retiring as the editor of the Chronicle. Jane Storey will take over from me from the next issue. Thanks for all the support and kind words I've received during my time as editor.



Contents

I OSTOCK BOWIS	2
Past & Present	3
Tostock Crochet Group	4
MacMillan Coffee Morning	5
Sue's Message	6
STEM Day	7
Wild Women Update	7
St Andrew's Church	8-9
Village Hall News	10
CountryLife	12
It's a Dog's Life	13
Contacts	15





Coming Soon

Salvation Army Carol Singing – Thursday 11th December (See page 8)

Casino Fun Night – Saturday 14th March Village Hall (see back page)

Regulars

Past & Present — Every 1st Tuesday of the month from 7.30 pm in the village hall

Coffee Mornings — Every 2nd Tuesday of the month from 10.30 am. In the village hall.

Bingo — Every last Tuesday of the month from 2.00 pm in the village hall

Tostock Bowls Club

Doreen Buckle

Members and guests met for the annual Bowls lunch at Bradfield Manger in September, all enjoyed the meal and a get together socially.

We have now begun the Bury winter league. Our first game in October was at Cockfield for the knock-out cup, with a win. The second leg was the home game in November, with a win. We now go to the next round when we shall meet Thurston.

Two other league games against Woolpit and Stanningfield, we also won. We have a few new members which we include in the games. Well done everyone.

Allotment Plots

There are some vacant allotment plots available to let. Please contact Mrs Sharon Markell Tel 07891 467273 for more information.

Sharon Markell

Advertising

Parish Clerk clerk@tostock-pc.gov.uk

Rates Quarter Page £90 pa (vertical A5) Half Page £160 pa (horizontal A5)

Tostock Poors Estate

Sharon Markell

If there are any older residents of Tostock (must have been a resident for two years) who wish to apply for the Christmas Contribution could they please contact Sharon Markell on 07891467273 for an application form. All enquiries are treated in strict confidence. Previous applicants will automatically receive a form.

Tostock Village Hall

- Competitive Rates of Hire
- WiFi available
- Round Tables
- Insured for up to 120 people
- Good Parking

Your Pocal Aeune

Contact Doreen Buckle 01359 270605

or email

tostocktvh@hotmail.co.uk

to reserve it for your event

Next Edition

Feb / Mar 2026

Please may I have your contributions on or before 15th JANUARY.

jane-storey@btconnect.com 01359 270214 / 0771 442 7097

Tostock Past & Present

Tostock Past and Present Society have their last meeting of the year on **Tuesday December 2**nd when we welcome **The Lavenham Shanty Folk** who will entertain us with their music. We will all bring a plate of food to share.

No need to be a member just pay £5 on the door. **All Welcome.**

Tostock Village Hall. 7:30pm.





Next years program starts on **Tuesday Feb 3rd** when Helen Taylor will entertain us with her experiences of **nursing in the 1950's**. After Helen's talk we will have our AGM for those who are members

Save the date Sat 14th March 2026

CASINO FUN NIGHT

Back by popular demand!

At Tostock Village Hall

Enjoy playing Blackjack, Horse racing, Poker,

Roulette, Skittles

Price will include supper and funny money

Full details in next Chronicle

Sarah Reader

Crochet Group Update 2025

By the time you read this article the village green will be adorned with the crochet Christmas tree, gingerbread house and nutcracker, plus a new addition somewhere in the village for you to find!



The new addition was the brainchild of Nicki aka Our Mystery Topper maker from lockdown! It has taken over 220 square and many hours of head scratching to work out the best way to make and display, it was not as simple as it may look!

We have also been making a 4ft nutcracker, a replica of the one on the green to be displayed in a local care home over the Christmas period.

We all enjoyed the summer fete on the green, albeit one of the hottest days of the year, where we had a hoopla stall which seemed to go down well with both children and adults.

Some very creative toppers have been displayed on both post boxes this year and where possible we like to recycle, so we used last years poppy toppers to make our giant poppy for this Remembrance Day. The Octopus from our summer 'underwater theme' topper has also gone to a good home and getting cuddles daily. We were kindly given a donation for this, which we gave to the Macmillan Coffee morning in remembrance of Dianne one of our members who we sadly lost this year.

Children should look out for the SANTA POST BOX on Tostock Green this Christmas. Letters posted will be greeted by a Christmas tune played by the post box!





So as 2025 draws to a close we are already thinking of next years projects to keep us all busy and occupied for 2026. We have an on going project of making kitten blankets for a local rescue centre to accompany kittens to their new home, any donations of wool would be greatly appreciated.

Finally, we would all like to wish everyone a very Happy Christmas and New Year and hope you find something from us hidden around the village on your Christmas walks!

MacMillan Coffee Morning

Photos by Jane Parnum













St Edmund's PROPERTY SERVICES

Plumbing / Electrical Building Maintenance



www.st-edmunds-property-services.co.uk



A Special Thank You

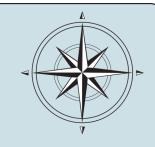
On behalf of Hannah, Andy, Ava and all the family I would like to express our most sincere thanks for all messages, cards and support we have received since the loss of our darling Teddy. A special thank you to Rosemary Lister, Gail Moyle, Janet and Jon Walker for organising the refreshments in the village hall and to all you wonderful people who made and donated food, it really was an outstanding spread. I think everyone who came to the village hall could not help but be impressed with the decorations made by Hannah's friends which just expressed Teddy so well. Thankyou to all those who came to Teddy's special service in Church it was lovely to see the Church full, Thanks must go to the staff from Andrew Bingham Funeral Services for their support and kindness and Revd Katherine Valentine for her support and guidance over these past few very difficult weeks.

Tostock is a very special place to live and knows just when to we all need a hug. Thank you all once again.





Compass Pest Management



Farms
Pubs
Warehouses
Industrial
Restaurants
Domestic

Rats/Mice
Moles
Squirrels
Rabbits
Foxes
Bird Control
Insects/Bugs
Wasps/Hornets

Family run business with over 25 years experience, priding ourself on a professional and friendly service.

Available 7 days a week.

Contact Robert for a free quote on 07544 367645.

compasspest@hotmail.com

Covering Suffolk and surrounding areas.

Tostock STEM Day

5th Tostock STEM Club Sat 25th October

An excited group of 32 children aged 6 to 12 enjoyed a fun afternoon of 8 different STEM activities at Tostock Village Hall. This included experimenting with Robots, Microscopes, Invisible Ink, Catapults, Locks, Coin Battery, Litmus Paper, Balloon Cars. Thanks to all the adult helpers who made this event such a success.



















Second 'Booze and Brushes' session in the Village Hall in November.

Robins on a slate!

St Andrew's Church Tostock

Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft

Rector Revd Katherine Valentine Tel 01359 235095

Email <u>kavalentine677@gmail.com</u>

Website for more details of all our churches - including

Tostock - see the national Church of England

website www.achurchnearyou.com

Our benefice Church magazine is also available online at www.vcnews.org.uk



CHRISTMAS CELEBRATIONS FOR ALL THE FAMILY!

See above for times and dates for all our Christmas services across the benefice - you should find something to suit your family celebrations.

Salvation Army carol singing in St Andrew's Church Tostock on Thursday 11th at 7.30pm come and sing along - in aid of Salvation Army and St Nicholas's Hospice.

Tostock Carol service 14th Dec 3pm Please bring gifts for children at Bury Women's Aid centre.

Crib services at Tostock on Christmas Eve and at Great Ashfield on Christmas Day. Children are invited to come dressed as Angels, Shepherds or Wise Men.

Christmas Day Services are for the whole family and will include some treats!

We look forward to seeing you!

Happy Christmas and every blessing for the New Year.
Revd Katherine Valentine.

Our Harvest Festival took place on September 28th, as usual the Church was beautifully decorated by our dedicated team of arrangers. Di Barker led the Service and we would like to thank her for the many times that she has taken Services for us during her time as a Reader, and wish her a "Happy Retirement!" Gifts of Food were later taken to the Women's Aid Refuge, thanks to all who contributed.

On September 26th The Coffee Morning for Macmillan Cancer Support was held at the Village Hall, in memory of Dianne Brewer, who had held so many successful occasions at her home. The Hall was full of people choosing from the wonderful selection of cakes and savouries which had been donated. An enormous number of prizes were donated for the Raffle and following a very enjoyable morning it was amazing to hear that £1104.24p had been raised for such an important cause! Thanks to all who worked so hard to make the Coffee Morning happen, and to everyone who came along to make it a success.

The Floodlights are sponsored in November by Jean Le Fleming,in loving memory of her husband Peter.

Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 11:00 am.

Songs of Praise 8th December 2025 & 19th January 2026 at 11am

St Andrew's Church Tostock

DECEMBER 7			
8:00am 10:00am	Holy Communion (BCP) Family@Church HCHRISTINGLE	Norton Pakenham	
DECEMBER 14TH 3RD SUNDAY OF ADVENT			
9.30 am 11.00 am 2:30 pm 3:00 pm	Family Communion Family Communion CAROL SERVICE CAROL SERVICE	Great Ashfield Pakenham Hunston Tostock	
DECEMBER 21ST 4TH SUNDAY OF ADVENT			
9.30am 3:00pm 4:00pm 5:00pm 6.30pm	Holy Communion (BCP) CAROL SERVICE UNITED VILLAGE CAROL SERVICE CAROL SERVICE CAROL SERVICE	Tostock Stowlangtoft Norton Salvation Army Great Ashfield Pakenham	
DECEMBER 24TH CHRISTMAS EVE			
3:00pm 11.30pm	CRIB SERVICE MIDNIGHT COMMUNION	Tostock Pakenham	
DECEMBER 25TH CHRISTMAS DAY			
9.30am 9.30am 10.30am 11.15am 11:00am	FAMILY FESTIVAL COMMUNION FAMILY FESTIVAL COMMUNION CRIB SERVICE FAMILY FESTIVAL COMMUNION FAMILY FESTIVAL COMMUNION	Hunston Tostock Great Ashfield Pakenham Norton	
DECEMBER 28TH 1ST SUNDAY OF CHRISTMAS			
10:00am	Benefice Communion Service	Norton	
JANUARY 4TI	JANUARY 4TH EPIPHANY SUNDAY		
8:00 am 10:00 am	Holy Communion (BCP) Family@Church EPIPHANY	Norton Pakenham	
JANUARY 11	JANUARY 11TH BAPTISM OF CHRIST		
9.30am 9.30am 11:00am	Holy Communion (BCP) Morning Worship Family Communion	Tostock Great Ashfield Pakenham	
JANUARY 18TH 2ND SUNDAY OF EPIPHANY			
9.30 am 9.30 am 11:00 am 4:00 pm	Holy Communion (BCP) Morning Worship Family Communion United service for Week of Prayer for Christian Unity	Pakenham Norton Great Ashfield Norton Salvation Army	
JANUARY 25TH 3RD SUNDAY OF EPIPHANY			
9.30 am 9.30 am 11:00 am 11:00 am	TOAST Holy Communion (BCP) Morning Worship Family Communion	Great Ashfield Hunston Tostock Norton	

Tostock Village Hall News



The Committee held their last meeting on 16th September 2025. Our next quarterly meeting will take place on **Tuesday**, **13th January 2026**. If you have any questions regarding the village hall and its surrounding areas, please contact us via **tostockvillagehall@outlook.com** For all booking enquiries, please email **tostocktvh@hotmail.co.uk**

Please read below for the latest Tostock Village Hall News, and on behalf of the Village Hall Committee, may we wish you and your family peace, hope and happiness this Festive Season.

The **Tostock Annual Village Quiz** took place in the Village Hall on **Friday, 14**th **November 2025.** Many thanks to Rebecca, Paul, Lisa, Jonnie, Rebecca & Peter for putting together such a well-planned quiz and fun evening. The quiz raised money for MollyOllys, which is a charity close to their hearts that provides much needed support to children with life-threatening illnesses and their families (mollyolly.co.uk). A total of £723 was raised! Well done to our winning team: Viv, Andy, Jackie, Claire, Paul & Sarah who have taken on the challenge of organising next year's quiz!

HOLD THE DATE: The popular **Tostock Casino Night** is to return on **Saturday**, **14**th **March 2026**. Please see separate notice for further details. Information on how to secure your tickets will be available early in the new year.



The Tostock Village Lottery 100 Club: December Draw set to be the BIGGEST PRIZE FUND YET!

The Lottery 100 Club is heading into its second year with its biggest draw yet. All entries received by the 1st working day in December will be included in the quarterly draw which is being held at **The Gardeners Arms** on **Friday**, **5**th

December at around 6pm. Thank you so much to everyone who has joined. If you haven't entered yet, **SIGN UP NOW** to be included in the **MARCH 2026** quarterly draw.

Entry is just £1 a week, paid as £13 per quarter.

Your £13 Quarterly Entry can be set up as a standing order using the following Business Account details: Account Name: Tostock Village Hall; Sort Code 20-16-12; Account Number: 90198668.

Please subsequently confirm your name & contact details to tostockvillagehall@outlook.com

For all further information please see https://tostock-pc.gov.uk/100-club/

Village Hall Improvement Project Update

We are currently making good progress with some of the main grant applications associated with the Village Hall Project and our key focus is to decide how we will phase the work, as it is clear that we won't get the funding to do everything at the same time. A phased approach will also help to minimise the impact of the improvement work, ensuring that wherever possible and safe, the hall is able to remain open for us to use.

If you have any questions regarding the Improvement project, please do not hesitate to contact us on tostockvillagehall@outlook.co.uk

CHIMNEY SWEEP

CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.
- INDUSTRIAL HEPA FILTERED VACUUM.
- FULLY INSURED.
- INSURANCE RECOGNIZED CERTIFICATES ISSUED.
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
- ALL CHIMNEYS, WOODBURNERS, AGA, BOILER FLUES SWEPT.
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.





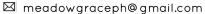
EL. 01359 232335

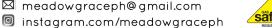
PI UMBING HEATING BATHROOMS

Plumbing and heating engineer with over 20 years' experience. Providing a friendly, reliable and professional service with an emphasis on high standards of workmanship and conscientiousness.

- Full bathroom suite installation (inc. design and management)
- Boiler installation, replacement and maintenance
- Full heating system installation and upgrade
- · Hot water cylinder upgrade and replacement
- · Power flushing
- · All general plumbing

📞 Sean: 07983 403 289









MOT and **Servicing Centre**

Car Sales • Van Sales • Motorbike Sales Car Hire • Van Hire

> All makes serviced & repaired MOT's at affordable prices

Opening times

Mon-Fri 8.00am - 5.30pm Sat 9.00am - 4.00pm

01359 271180

07850 788 889

GL Cars Limited

Place Farm, Church Road, Tostock IP30 9PG

Email gl.cars@btconnect.com

www.gl-cars.co.uk





The local solution to all your motoring needs

Open 6 days a week

MOT Testing

Tyres - Exhausts - Servicing - Bulbs Diagnostics - Clutches - Cambelts -Batteries - Wipers - Mechanical Repairs -

Wheel Alignment - Loan Car

Friendly and Qualified Staff and much more!

Credit and Debit cards accepted

01359 230097

Andys Auto Fix, Woolpit Road, Norton, IP31 3LU

CountryLife

I was very intrigued by our clergy's Rev. Katherine's letter in the August 2025 edition of the Village and Church news where she went on to praise Norton Primary School for their good behaviour politeness and manners, not forgetting their pleases and thank-you's. So I thought for this edition I would take a leaf out of their book and say a big thank you to all the faithful Tostock people and the dogooders. I will take up the rest of my space naming you all – you all know who you are.

You only need to open the Chronicle on the back page whether it be Parish Councillors or Officers, St. Andrew's Church, Village Hall Committee, all our 9 Village clubs, The Gardeners Arms, and all fund raisers and organisers — Village Quiz, Art Shows, Coffee mornings, Past and Present, Bingo, Poors charity, not forgetting the fund raisers (Fayres and Bazaars) Lottery, You are all marvellous and magnificent — well done to you all, not forgetting Kim the editor. Unfortunately, about 25% of us could do better including myself and just sit back and do nothing. As a reward to all you good doers I am dedicating these 5 photographs as a thank you for your hard work and dedication. There is no better attractive looking bird throughout Gt. Britain or more popular and loved than our Puffin so please enjoy.







Photos taken at Holy Island Lindisfarne. Puffins are probably the best known of all sea birds, and their comical appearance is familiar to many who have never seen them in the flesh. Yet despite the affection it is held the Puffin numbers have been decreasing. Puffins nest colonially in burrows lined with dry grass on soft ground on top of rocky islands. The birds arrive in early Spring, numbers building up just offshore for some days before flying onto the land en-masse. courtship involves much clashing of the brightly coloured bills, and furious fights occasionally take place. A single white egg is laid, and both parents incubate in turn through the 6 weeks it takes to hatch. The chick is fed on sand eels, whiting and spratts brought in beakfulls of up to 11 at a time. Here are 2 more pictures taken on Mull.





O 4 F F A R K

PROPERTIES (EAST ANGLIA) LTD

Oakpark Properties (East Anglia) Ltd is a family-run construction and property development firm based in Suffolk, founded over 25 years ago.

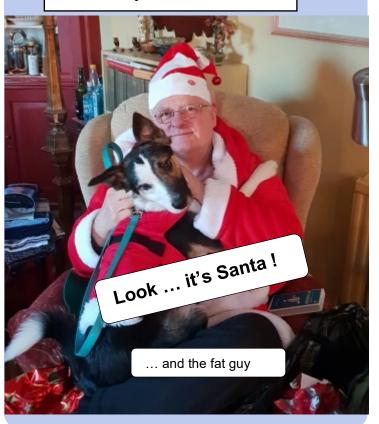
We specialise in delivering bespoke residential homes, commercial build and fit-out projects, heritage-restoration work, and rental property maintenance – all with a strong local focus and attention to craftsmanship.

Our core values centre on integrity, quality and personalised service, partnering closely with clients and local trades to bring tailored solutions to life across East Anglia.

> **Contact Details** Elliott: 07812052284 Glenn: 07850788889 elliott@oakparkproperties.co.uk

It's a dog's life

Merry Christmas



R McKenzie **Alterations**



Farthing

Dry Cleaners

Station Road Industrial Estate Elmswell, IP30 9HR - 07904074476 rmckenziealterations@gmail.com

Tuesday to Friday 9.30am to 5pm Saturdays 10am to 2pm



TOSTOCK TENNIS CLUB

WELCOMES NEW MEMBERS

COMMITTEE 2024-25

CHAIRMAN- FREDDIE WALTON TREASURER/MEMBERSHIP - ELIZABETH DUNN SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS -JOHN AND LIZ ADAMS AND NIGEL KAINES

MEMBERSHIP FEES 2024-25

FAMILY MEMBERSHIP £40 COUPLES MEMBERSHIP £25 ADULT (SINGLE) MEMBERSHIP £15 CHILDRENS MEMBERSHIP (U16S) £5

GUEST COURT FEES - ADULTS £2, CHILDREN £1

WE WOULD LIKE FEES TO BE PAID BY BANK TRANSFER PLEASE BANK DETAILS - ACCOUNT: 01082391 AND SORT CODE: 30-91-49 PLEASE STATE YOUR NAME AS REFERENCE

IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE CLUB OR WOULD LIKE TO CONTACT US, CALL OR EMAIL -

ELIZABETH DUNN (07778 216 753) - EJD1@TALKTALK.NET

SUSIE WALTON (07793 406 076) - SUSIEWALTON85@ GMAIL. COM



RESIDENTIAL AND COMMERCIAL PROJECTS
EXTENSIONS AND ALTERATIONS
NEW BUILD AND CONVERSIONS
PLANNING APPLICATIONS AND LISTED BUILDING CONSENT
BUILDING CONTROL AND DETAILED DESIGN
PROJECT MANAGEMENT

aaron@31architecture.co.uk

07814251002

based in Tostock

31architecture.co.uk





Andrew Bingham
Dip. F.D. M.B.I.E.

ANDREW BINGHAM INDEPENDENT FUNERAL SERVICE

THE NUTSHELL, MILTON ROAD SOUTH, STOWMARKET. SUFFOLK. IP14 1EZ

www.stowmarketfunerals.co.uk

01449 771 666

Contacts in our Community

Tostock Parish Councillors

Jane Storey (Ch) Roger Cross (VH) **David Blundell**

Michael Bauly (Poors)

Paul Callow

Julian Kearsley (Finance)

Glenn Lebbon Andy Sharkey Susan Smith

jane-storey@btconnect.com roger.cross64@icloud.com tostock.design@btinternet.com mikebauly@btinternet.com paul callow@hotmail.com juliankearsley@btinternet.com glenn@oakparkproperties.co.uk andyshark123@yahoo.co.uk s.suesmiths@outlook.com

Village Officers

Parish Clerk **Doug Reed** clerk@tostock-pc.gov.uk

Tree Officers **Becky Smith** 07813 273474 **Ben Smith** 07989 330649

Footpath Officer Andy Sharkey andyshark123@yahoo.co.uk

Litter Picker **Oliver Holland**

Defibrillator Daisie 07449 796030 Caren 07971 204661

Poor's Estate

Sharon Markell 01359 271190

St Andrews Church

Rector

Katherine Valentine kavalentine677@gmail.com 01359 235095

Church Wardens

Jeanne O'Reilly 01359 270337

Barney Harrison barneybees@hotmail.com

Bell Ringers Sue Marriott 01359 270143

Village Hall

Chair

Graham MacDowell crispincottage@hotmail.com

Hall Bookings

Doreen Buckle tostocktvh@hotmail.co.uk 01359 270605

Clubs

Diane Brewer 01359 271127 Bingo **Book Club** Julie Harrison 01359 270247 **Krystie** 07975 556448 **Brownies** Carpet Bowls **Doreen Buckle** 01359 270605 Jim Debenham 07932 619106 Cribbage Crochet Sarah Reader reader-family@tiscali.co.uk Past & Present John Parnum johnparnum@yahoo.com Rainbows **Krystie** 07975 556448

Tennis Club

Elizabeth Dunn ejd1@talktalk.net 01359 270270 **Susie Walton** susiewalton85@gmail.com 07793 406076

Village Map

https://tostock-pc.gov.uk/our-village/tostock-village-map/

TostockPC Website

Vacant

More details and the latest up to date information can be found on our village website.

www.tostock-pc.gov.uk

Community Services

Police/Fire/Ambulance 999 Emergency

Utilities

Energy power failures

08007 838 866 & Emergencies Anglian water 08457 145 145

Health

Woolpit Health Centre 01359 240 298 Out of Hours 111 West Suffolk Hospital 01284 713 000

BMI Hospital 01284 701 371 St Nicholas Hospice 01284 766 133

Advice

Relate 01284 767 305 Samaritans (free call) 116 123 Drugs Hotline 0800 253 253 Citizens Advice Bureau 01284 753 675

Police

Non-emergency 101 Crime Stoppers 555

Councils

Suffolk County Council 03456 066 067 Mid Suffolk District Council 0300 1234 000

Education

Thurston Community College 01359230 885 Norton Pre-school 01359 232 736 Norton Primary School 01359 230 520

Pub

The Gardeners Arms

Martin & Claire Page 01473 354 758

Leisure

0330 3334 444 Cineworld Theatre Royal 01284 769 505 01284 758 000 Apex Picture House 01284 754 477 Everyman Cinema 01233 555 642

Travel

Bus Timetable www.suffolkonboard.com Rail 0845 7484 950 Dial a Ride 01440 712 048

The Tostock Chronicle is a bi-monthly newsletter for the people of Tostock, published by the Tostock Parish Council, and partially funded by advertising



Save the date Sat 14th March 2026

CASINO FUN NIGHT

Back by popular demand!

At Tostock Village Hall

Enjoy playing Blackjack, Horse racing, Poker,

Roulette, Skittles

Price will include supper and funny money

Full details in next Chronicle



