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#### **Coming Soon**

**Annual Church Pet Service** - Sunday 11am, 25th August in the Churchyard (see Page 6)

**Tostock Art Show -** Friday 31st August 2024 (see Page 2)

**Tostock Autumn Craft Fayre** - Sunday 29th September, 10am to 4pm in the Village Hall



#### Regulars

**Past & Present** — Every 1<sup>st</sup> Tuesday of the month from 7.30 pm in the village hall **Coffee Mornings** — Every 2<sup>nd</sup> Tuesday of the month from 10.30 am. In the village hall. **Bingo** — Every last Tuesday of the month from 2.00 pm in the village hall

#### **Tostock Art Show**

#### Diane Mathews

#### Tostock Art Show - come and help!

Now in its 44th year the Art Show is a major Village event. If you are new to the area and want to help, just get in touch with Diane or Rosemary, there is always lots to do. This is a great fundraising event for the Village Hall and St Andrew's Church. The Art Show attracts over 80 local artists who exhibit a wide range of quality artworks. Everyone is welcome to the Preview Evening which has developed into a very sociable event with wine, canapes and the opportunity to make an early purchase. Over the weekend there is a chance to stock up on greeting cards, take time out to enjoy tea, cakes and savouries and, to chat with friends. You won't want to miss out on all this. See *you at the Show!* 

If you are interested in being part of this year's fun please call or email me, or Rosemary.

#### **Diane Mathews**

07764872900 tostockartshow@gmail.com

#### **Rosemary Lister**

01359 270179 07981114831

#### Terry and Rosemary's Newbold's Wedding

Claire Day

We were invited to Terry and Rosemary's wedding at Tostock church on Saturday 29th June. It was a beautiful wedding, lovely service and a very happy day.

We would just like to thank Gail, Rosemary, Sue, Julie and Viv for decorating the church, the flowers were beautiful.

From the residents of Pamment Close.

#### The Wedding Dress Exhibition

Sue Marriott

I would like to say a big thank you to everyone who supported The Wedding Dress Exhibition in June, from the Marquee team, Rosemary Lister and the "tea ladies", everyone who made cakes, scones etc, Janet and John Walker for all their lovely fudge, jams, chutney etc. everyone who donated plants for the plant stall and Tostock's crotchet ladies for their amazing cake and craft stall. Not forgetting all all the ladies who exhibited their beautiful dresses, they made an amazing display in The Church, all so different, it really showed how fashion and tastes have changed over the years. Once again THANK YOU ALL.. I think we can agree it was a lovely day along side the open gardens We need ideas for next time now!!

#### **Mervyn Buckle**

Pam Buckle

I would like to say a heartfelt thank you to all the residents of Tostock, for your kindness and compassion, following the sudden passing of Mervyn. For all the many cards and letters sharing your memories. To Claire and Martin for hosting us at the Gardeners Arms after the funeral. Mervyn would be so proud of the support and the community spirit we have received.

Thank you from Pam and family

#### **Tostock Cribbage Team**

Jim Debenham

My name is Jim Debenham, and I am the Team Captain for the Tostock Cribbage Team. The Team Vice Captain is Andy Creamer.

The Crib team was formed in about 1980 and have won the league seven times since then. We played at The Gardeners Arms for many years until 2022 when for two years we played at the White Horse Beyton but we have now returned to Tostock as winners of the 2023 to 2024 season. The Cup is proudly displayed behind the bar at The Gardeners Arms.

The club plays crib on a Monday night (normally starting at 8.30pm) in the IDP Village Cribbage League and from September our Home venue is The Gardeners Arms. The league starts in September and finishes in the March of the following year. Our away games cover The Red House Stanningfield, Bardwell Duncow, Ixworth Greyhound, Horringer Club, Beyton White Horse and Felsham Six Bells (there are two teams).

The cost is £1 a head when selected to play. We also hold regular practice nights fortnightly on a Wednesday evening starting at 7.30pm at The Gardeners Arms throughout the year. Currently we have 10 members in the Team. The league games require 6 people from each team to play in a match, so players are selected to give an even spread of games and of course based on availability.

If you are interested in becoming a team member or just want to come along for an evening of crib on our practice nights, I can be contacted on 07932 619106 and Andy can be contacted on 07719 546160.

#### **Barn Owls**

I was kindly invited to Rosemary's House, to see some baby barn owls in her field! I was so excited and pleased to be asked!

When we got there, there was a crowd of people to see them, a man from the Suffolk Barn Owl Project had to get a ladder and carefully get the baby owls out of their owl box and put them into a special bag, then he was able to carefully handle them to measure their wing span, I was lucky enough to hold one.

#### Did you know?

You can tell if its male or female if it has spots on the underside of their wings. These owls both had spots meaning there were males and approximately 48 - 52 days old and super white and fluffy. We

were able to tell their age by measuring the length of the 7th feather in, which is called the primary feather. They normally fledge the nest around 67 days old. So should be now well on their way to starting their life.

Yours Bella



Our special Junior Reporter

#### **Mobile Library**

The mobile library will be in Tostock on **August 9th** and **September 6th** at the following times

Perkins Way 15.40 - 16.00 The Gardeners Arms 16.05 - 16.25 The weather for Sunday 23rd June was forecast to be warm and sunny and they certainly got that right, the weather was perfect for Open Gardens.

We had a really good number of visitors who thoroughly enjoyed looking around our gardens. They were very complementary and all found something to suit their tastes. Some looking for inspiration or ideas, others out to visit other folks gardens and rounding it off with delicious homemade refreshments. Thank you to all in the village who participated.

We had a good number of volunteers to open their gardens, some well familiar with taking part, some offering to open for first time. Everyone had a lovely day and the first timers were delighted to inform me that they hadn't realised it was so much fun. A big thank you to you all, we could not hold open gardens if no one volunteered.



In total we had 17 gardens open, covering all shapes, sizes and styles. We have a wonderful diverse range of gardens in the village as "The Garden" means something different to us all and it is that, that makes them so unique.

In total we raised £1347. We are delighted with that result and its an increase on a couple of years ago.

As always when organising any event there are a huge number of people involved and so many thanks to be said. Rev Valentine for allowing us to use the Church as a base. Marie Havwood for using the field for parking, the Marquee erecting team, Sue for organising the Wedding Exhibition(see Sue's separate report), Rosemary and her team of helpers for putting on such fabulous refreshments, all the stall holders for their time, effort and generous donations and everyone else who contributed however small. Lastly I must thank Evan, my poor long suffering husband for ferrying chair and tables from the village hall, making



signs, helping me put them up, opening the field up for parking and so many more jobs that are too many to list.

We hope to hold open gardens again in 2026, probably at a similar time of year, general feeling is that its more successful every other year. It also gives everyone a break and a chance to complete new projects if planned.

Once again heartfelt thanks to all.

Sharon Markell Open Gardens
Sue Marriott Wedding Exhibition

Rosemary Lister, Gail Moyle & Jeanne O"Reilly Refreshments

# TOSTOCK'S BIG ANNUAL VILLAGE

TICKETS
ARE
STRICLY
LIMIITED SO BOOK
EARLY....



#### **GET TOGETHER FOR OUR FUN VILLAGE QUIZ!**

This year the quiz is helping to raise funds for the Village Hall Improvement Project

Friday, 4<sup>th</sup> October 2024
Tostock Village Hall
From 7pm: Quiz starts 7.30pm

#### Tables of six at £10.00 per person

to include; cheese platter & biscuits; a bottle of red & white wine per table....plus a glass of Fizz on arrival.

Charity Bar too.

Email: tostockvilagehall@outlook.com or call Sam on +44 7967 752750

#### **St Andrew's Church Tostock**

### Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft

**Rector** Revd **Katherine Valentine** Tel 01359 235095

**Email** <u>kavalentine677@gmail.com</u>

Website for more details of all our churches - including

Tostock - see the national Church of England

website www.achurchnearyou.com

Our benefice Church magazine is also available online

at www.vcnews.org.uk



#### **ALL CREATURES GREAT AND SMALL**

#### ANNUAL OUTDOOR PET SERVICE SUNDAY 25TH AUGUST 11AM, ST ANDREW'S TOSTOCK

Bring your pet to church!

Everyone is welcome from across the Benefice & beyond to come to this special service when we give thanks for all animals, and especially our pets. All types of pets welcome - large and small. The service is informal - but it would be wonderful to see all your special animal companions, and each one will receive a blessing as we give thanks to God for all the joy, comfort and fun they bring us.

**BRING A CHAIR!** 

#### HARVEST FESTIVAL

#### SUNDAY 22ND SEPTEMBER 11AM, ST ANDREW'S CHURCH

All are welcome to come to any of our Harvest Festivals (see services above) but Tostock's is on 22nd September. Please come along and join in this traditional annual thanksgiving to God for all his gifts to us in creation and pray for farmers and home and abroad. As we give thanks for all those who produce the food on our plates we pray for those who have a daily struggle to find or grow enough to eat to provide for their families.

Please bring gifts of non-perishable foods and these will be donated to the Women's Aid centre in Bury.

#### **CONFIRMATION 2024**

There will be a Deanery Confirmation on Sunday 17th November 3pm - venue TBC. If anyone is interested in being confirmed, when you can affirm your baptismal vows for yourself - and you are never too old! - please contact Revd Katherine on the number or email above as soon as possible for more information or just a chat about what it involves.

#### St Andrew's Church Tostock

AUGUST 4TH 10TH SUNDAY AFTER TRINITY		
8am 10am	Holy Communion (BCP) Family@Church HOLIDAYS	Norton Pakenham
AUGUST 11TH 11TH SUNDAY AFTER TRINITY		
<b>9.30am</b> 9.30am 11am	Holy Communion (BCP) Morning Worship Family Communion	Tostock Great Ashfield Pakenham
AUGUST 18TH 12TH SUNDAY AFTER TRINITY		
9.30am 9.30am 11am <b>6pm</b>	Holy Communion (BCP) Morning Worship Family Communion Evensong Prayer & Praise	Pakenham Norton Great Ashfield Tostock
AUGUST 25TH 13TH SUNDAY AFTER TRINITY		
9.30am 9.30am <mark>11am</mark> 11am	TOAST Holy Communion Outdoor Pet Service Family Communion	Great Ashfield Hunston Tostock Norton
SEPTEMBER 1ST 14TH SUNDAY AFTER TRINITY		
8am 10am	Holy Communion (BCP) Family@Church - BACK TO SCHOOL	Norton Pakenham
SEPTEMBER 8TH 15TH SUNDAY AFTER TRINITY		
<b>9.30am</b> 10.30am 11am	Holy Communion (BCP) HARVEST FESTIVAL Family Communion	Tostock Great Ashfield Pakenham
SEPTEMBER 15TH 16TH SUNDAY AFTER TRINITY		
9.30am 11am 3.30pm <b>6pm</b>	Holy Communion (BCP) Family Communion HARVEST SONGS & PRAISE Evening Prayer & Praise	Pakenham Great Ashfield Norton Tostock
SEPTEMBER 22ND 17TH SUNDAY AFTER TRINITY		
9.30am 9.30am 11am <mark>11am</mark>	TOAST HARVEST FESTIVAL Family Communion HARVEST FESTIVAL	Great Ashfield Hunston Norton Tostock
SEPTEMBER 29TH 18TH SUNDAY AFTER TRINITY		
10am	Open daily for visitors and	Stowlangtoft
	private prayer	

#### St Andrew's Church Tostock

#### Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 10:00 am.

#### Next Meetings 19th August & 16th September at 10am



On Sunday evening, June 16th, we had a wonderful Choral Evensong, performed by the Jubilate Choir , for Christian Aid. A large congregation arrived on a beautiful evening, and the PCC was very pleased to welcome members of the Suffolk Historic Churches Trust Grant Committee to take part in the dedication of our new cupboard, which had been paid for by their generous grant. Also present was Mr.A.Everett, who designed and built the cupboard. The evening ended with the usual excellent refreshments and we raised a good amount of £571 for Christian Aid .Thanks to everyone who helped to make the evening a success - we hope to invite the Choir again in 2026!

On Sunday June 23rd we held another important day in our calendar, with Open Gardens around the village. This event is one of our fund-raising events for the Church, and the PCC is most grateful to all those who work so hard on their gardens to prepare them for display. Sharon did a wonderful job of organizing the event, and visitors came from near and far, all the gardens were very different in style and size which adds to the interest.

This year a Wedding Exhibition was held in Church ,with dresses, photos and flowers from village families which was a lovely occasion - teas & stalls were held in the Churchyard. Again, many thanks to all the gardeners, the ladies who brought their treasured dresses for Sue to display, and to Rosemary and the "catering staff" who worked so hard . Thanks also to John and Janet for the fudge, and to the team who kindly put up the marquees! The day raised £1340 for Church funds.

The next Coffee Morning is on Tuesday August 13th at 10:30 am in the Village Hall, all welcome!

The Floodlights were sponsored in July by Moira Diaper and family in loving memory of Arthur, on his birthday, July 3rd.

Our annual Pet Service takes place on Sunday August 25th, at 11am, when all pets are welcome to join in for a Blessing and a treat, this will be in the Churchyard so please bring a chair .If wet, it will be in Church.

Jeanne O'Reilly

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# TOSTOCK AUTUMN CRAFT FAYRE SUN 29th Sept Village Hall 10am - 4pm Pet Friendly \*\*

This event will be the 3rd craft fayre to be organised by "The Crafters Den" and the talented crafters that participate with their dedicated & unique crafts.

These events bring people to our lovely village and much needed donations towards the village hall funds by means of the raffle held solely for this purpose and the hiring of the hall itself.

We hope that you will support this event by coming to browse the lovely handmade products being offered and enjoy a friendly atmosphere. Refreshments and homemade cakes and savouries are available from the kitchen. *Hope to see you there!* 

#### **Next Edition**

Oct / Nov 2024

Please may I have your contributions on or before **15**th **SEPTEMBER**, preferably in Word format

kim.mars84@gmail.com 07950 682 499

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#### TOSTOCK TENNIS CLUB

WELCOMES NEW MEMBERS

#### COMMITTEE 2023

CHAIRMAN- FREDDIE WALTON TREASURER/MEMBERSHIP - ELIZABETH DUNN SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS -JOHN AND LIZ ADAMS AND NIGEL KAINES

#### MEMBERSHIP FEES 2022-23

FAMILY MEMBERSHIP £40
COUPLES MEMBERSHIP £25
ADULT (SINGLE) MEMBERSHIP £15
CHILDRENS MEMBERSHIP (U16S) £5
GUEST COURT FEES — ADULTS £2, CHILDREN £1

WE WOULD ENCOURAGE FEES TO BE PAID BY BACS BUT CASH AND CHEQUES ARE ALSO ACCEPTED

BANK DETAILS - ACCOUNT: 01082391 AND SORT CODE: 30-91-49
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IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE CLUB OR WOULD LIKE TO CONTACT US, CALL OR EMAIL -

ELIZABETH DUNN (01359 270270) - EJD1@TALKTALK.NET OR

SUSIE WALTON (07793 406076) - SUSIEWALTON85@ GMAIL. COM

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#### **Tostock Village Hall News**

Our last Village Hall Committee meeting took place on Tuesday, 11<sup>th</sup> June 2024. We would like to thank Tracy Welham for providing the Committee with an important training session on key safeguarding issues.

At this meeting, we were also pleased to welcome Roger Cross as the new Parish Council Representative, and to pass on our thanks to David Blundell, who previously carried out this important link between the Village Hall Committee and Tostock Parish Council. **Our next meeting will take place on Tuesday, 24**<sup>th</sup> **September 2024.** If you have any questions regarding the village hall and its surrounding areas, please contact us via **tostockvillagehall@outlook.com.** 

For all booking enquiries, please email tostocktvh@hotmail.co.uk

# Tostock 44th Art Show

The Tostock Art Show will be held over the weekend of 31<sup>st</sup> August – 1st September 2024, with the popular Preview Evening taking place on Friday, 30<sup>th</sup> August 2024.

NEW FOR THIS YEAR: Follow the event on its Facebook Page (Tostock Art Show) to see photos of some of the art works which will be available to see and buy at this year's show.

Please see separate notice for further information on the weekend

#### Tostock's Big Annual Village Quiz

Tostock Village Hall, Friday, 4th October 2024, 7pm – Quiz starts at 7.30pm

GET TOGETHER FOR OUR FUN VILLAGE QUIZ and help raise community funds



for the Village Hall Improvement Project. Tables of six at £10.00 per person - to include; cheese platter & biscuits; a bottle of red & white wine per table, plus a glass of Fizz on arrival. Charity Bar too.

**BOOK TABLES EARLY TO AVOID DISAPPOINTMENT!** 

Email: tostockvilagehall@outlook.com or call Sam on +44 7967 752750



Tostock Village Hall is 50 Years Old......1974 – 2024!
HOLD THE DATES - Saturday, 2nd & Sunday 3rd November 2024
CELEBRATE Tostock Village Hall's Golden Anniversary

Further details in the next Chronicle and online at facebook.com/tostockvillagehall



If the weather improves this Summer......

PLEASE REMEMBER: the young Jubilee Trees at the Village Hall Playing Fields will need to be watered regularly through to Autumn.

Young trees use up a lot of energy trying to establish their roots in the soil, so need our help in the first couple of years.

#### **Tostock Village Hall News (cont..)**

#### **Village Hall Improvement Project**

The Building Regulation application process remains on-going. As previously outlined, the building regulations will detail the technical standards set down by the Government to make sure all improvement work is carried out to reasonable standards, covering areas such as fire safety, energy consumption and accessibility.

Alongside this, a key focus remains on researching and applying for both national, as well as local grants, to help fund the list of

improvement work on our wish-list. The Committee is also focussing its efforts on our community fundraising, with the Village Hall Lottery – 100 Club hopefully soon being finalised, as well as other fundraising events.

If you have any questions regarding the improvements that we hope to make to the hall, please do not hesitate to email us via <a href="mailto:tostockvillagehall@outlook.com">tostockvillagehall@outlook.com</a>



#### 1 1 2 3 3 4 1

#### Tostock Village Hall Lottery – 100 Club......

A frustrating, but understandably necessary, level of compliance work is still being undertaken to set up the Tostock Village Hall Lottery – 100 Club. This includes the license which will be issued by Mid Suffolk District Council, as well as a separate ringfenced bank account which is being opened to safely manage the money that is paid into the lottery.

A flyer will also be delivered to all houses in the village as soon as the Club is officially in place!

#### TOSTOCK FIREWORKS

After a thorough review of the last few Tostock Fireworks events, it has sadly been decided that a display will not be staged this year due to the health and safety constraints of the event location in our village.



We kindly ask ALL to respectfully remember to

#### KEEP DOGS ON LEADS AT ALL TIMES

when walking through or using Tostock Village Hall's paths and playing fields with their dogs.

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#### It's a dog's life

#### The Crisis



#### **Tostock Parish Council**

Parish Council report – 16<sup>th</sup> July 2024



The Parish Council meeting had been postponed from 9<sup>th</sup> July.

There were reports of trees and hedges being cut down in the village and it was agreed to ask the Mid Suffolk Tree Officer to come and look round the village. It may be necessary to make Tree Preservation Orders. Tostock has a Biodiversity policy that seeks to preserve the environment and beauty of our village.

The issue of dog poo was brough to the attention of the council. There seems to have been an increase in recent months and this is unacceptable. There are 8 dog bins in and around the village and they should be used. PLEASE USE THEM.

#### CountryLife

White-tailed Eagle soars over Tostock, yes it takes some believing but it's true. Some of you that are members of the Suffolk Wildlife Trust would have seen and read about it in your latest magazine, about a pair of White-tailed Eagles seen flying around Mid-Suffolk early part of this year. Apparently one landed down on the ground in Woolpit. They were also seen in Stowlangtoft. A fellow colleague of mine photographed one taking a pike out of the lake at Micklemere, Pakenham. But the good news is my neighbour spotted one flying over his house in Wood Close and then onto the Blackbourn Valley. It is believed that the pair are juveniles and one of them seen originated from the Netherlands, the other possibly from down south or the Isle of Wight. Juveniles







tend to be vagrant and will explore and seek out potential territories in order to breed and travel vast distances in search of food. I myself due to unforeseen

circumstances didn't manage to see them, nevertheless I wasn't unduly worried because Penny and I spent a week's holiday 2021 up in Mull, Scotland, where I managed to photograph them there – now let's take a look at some of my photographs.

Around 1,500 years ago there were as many as 1,400 pairs of White-tailed Eagles occupying many lowland areas of Britain and Northern Ireland. It was highly revered and featured in some of the best-known epic poetry of early medieval England. But the 16<sup>th</sup> century marked the start of 400 years of persecution until the last one in Britain was shot and killed in Shetland in 1918. The story of the White-tailed Eagles has become a kind of modern day totem and a much needed symbol of what's possible in nature conservation. The RSPB's combination of methods they use depends on the species, the threats it faces, it's habitats and locations. After a couple of false starts, a re-introduction programme began in 1975, involving trans locations from Norway into three Scottish areas. The first successful breeding was recorded on the Isle of Mull in 1985 – the first in the U.K. for more than 70 years – the pictures above could well be descendants. Any moving of birds must be undertaken legally and with the support of people at the areas where the birds are coming from and the release site. During the re-introduction process the RSPB worked with the local Police and communities to raise awareness and help reduce the impact of egg theft. they also liaised with farmers and crofters to address their concerns around Eagles allegedly taking lambs. A recent study found that lambs are not a major part of the diet of breeding Whitetailed Eagles. They are now around 150 pairs in Scotland and happily the first pair in England bred successfully in 2023. 2.5m wingspan makes the White-tailed Eagle the U.K's largest bird of prey (just imagine that is larger than your double sized bed). The re-established population on the west coast of Scotland is increasing and species has been downgraded to the U.K. amber list of conservation concern. The population in Scotland has even become the source population for a re -introduction project by Roy Dennis Wildlife Foundation and Forestry England on the Isle of Wight,







with the RSPB helping to identify suitable donor nests.

Left are some more of my photos from Mull.

For now, the White-tailed Eagle is a bird well on its way to being restored to its rightful place in our cultural society. I am sticking my neck out and predicting that one day it will be back here breeding in Suffolk. What a thought.

#### **Tostock Cars on the Green**

















No, they weren't there, but it just demonstrates the depth of entertainment on show in Tostock over the summer



#### **Contacts in our Community**

#### **Tostock Parish Councillors**

Jane Storey (Ch)
Roger Cross (VH)
David Blundell
Sarah Cobbold (Poors)
Michael Bauly (Poors)
Paul Callow
Julian Kearsley (Finance)

jane-storey@btconnect.com roger.cross64@icloud.com tostock.design@btinternet.com sascobbold@icloud.com mikebauly@btinternet.com paul\_callow@hotmail.com juliankearsley@btinternet.com glenn@oakparkproperties.co.uk andyshark123@yahoo.co.uk

**Village Officers** 

Glenn Lebbon

Andy Sharkey

Parish Clerk Doug Reed clerk@tostockpc.org.uk

Tree Officers **Becky Smith** 07813 273474 **Ben Smith** 07989 330649

Footpath Officer Andy Sharkey andyshark123@yahoo.co.uk

Litter Picker Oliver Holland

**Poor's Estate** 

Sharon Markell 01359 271190

**St Andrews Church** 

Rector

Katherine Valentine kavalentine677@gmail.com 01359 235095

Church Wardens

Jeanne O'Reilly 01359 270337

Barney Harrison barneybees@hotmail.com

Bell Ringers Sue Marriott 01359 270143

**Village Hall** 

Chair

Graham MacDowell crispincottage@hotmail.com

Hall Bookings

Doreen Buckle tostocktvh@hotmail.co.uk 01359 270605

Clubs

**Diane Brewer** 01359 271127 Bingo **Book Club Julie Harrison** 01359 270247 07975 556448 **Brownies Krystie Doreen Buckle** Carpet Bowls 01359 270605 Cribbage Jim Debenham 07932 619106 Crochet Sarah Reader reader-family@tiscali.co.uk Past & Present John Parnum johnparnum@yahoo.com 07975 556448

Rainbows Krystie
Tennis Club

Elizabeth Dunn

**Susie Walton** 

ejd1@talktalk.net 01359 270270 susiewalton85@gmail.com 07793 406076

Village Map

https://tostockpc.org.uk/our-village/tostock-village-map/

TostockPC Website

Tom Whitman tostock.website@gmail.com

More details and the latest up to date information can be found on our village website.

www.tostockpc.org.uk

#### **Community Services**

**Emergency Police/Fire/Ambulance 999** 

**Utilities** 

Energy power failures

& Emergencies 08007 838866Anglian water 08457 145145

Health

Woolpit Health Centre 01359 240298

Out of Hours 111

 West Suffolk Hospital
 01284 713000

 BMI Hospital
 01284 701371

 St Nicholas Hospice
 01284 766133

Advice

 Relate
 01284 767305

 Samaritans (free call)
 116 123

 Drugs Hotline
 0800 253 253

 Citizens Advice Bureau
 01284 753675

Police

Non-emergency 101 Crime Stoppers 555

Councils

Suffolk County Council 03456 066067 Mid Suffolk District Council 0300 1234000

Education

Thurston Community College 01359230885 Norton Pre-school 01359 232736

Pub

The Gardeners Arms

Martin & Claire Page 01473 354 758

Leisure

 Cineworld
 0330 3334444

 Theatre Royal
 01284 769505

 Apex
 01284 758000

 Picture House
 01284 754477

 Everyman Cinema
 01233 555642

Travel

Bus Timetable <u>www.suffolkonboard.com</u>
Rail 0845 7484950
Dial a Ride 01440 712048

The **Tostock Chronicle** is a bi-monthly newsletter for the people of Tostock, published by the Tostock Parish Council, and partially funded by advertising



# Tostock 44th Art Show

Weekend of 31st August & 1st September 2024

Saturday: 10am to 6pm Sunday: 10am to 5pm

- St Andrew's Church, IP30 9PE
- Homemade cakes and refreshments
- Greeting cards and prints

#### CONTACT:

07764 872900 or tostockartshow@gmail.com



# PREVIEW EVENING\*

Wine & Canapés

Friday 30th August 7pm to 9pm

Opportunity to make an early purchase